

Restoring Lives in Jesus' Name

“I learned how to love myself”

Thank you for helping Deborah know her life is precious!

Deborah grew up not knowing what it means to have a caring, supportive family.

Her dad was frequently violent. When Deborah was nine years old, he pushed her mom to the floor and threatened her with a knife. When Deborah tried to protect her, he brutally knocked her into a table.

But she had no way of knowing just how cruel her dad could be. After Deborah graduated from high school, her dad abruptly threw her out, accusing her of being a “boy chaser” simply because she had wanted to go to her prom.

As soon as she was out of the house, he also made sure Deborah knew she wasn't welcome back. “He nailed the back door and the windows shut,” Deborah says. He also forbade her from contacting her mom or her brothers and sisters.

Deborah was only 18 at the time. With no place to go, she did what she had to do in order to survive.

“Someone offered me \$100, so I did what I had to do. I didn't

continued inside ►



Your gift today has the potential to make 10X the impact, changing even more lives!

I learned how to love myself ... (continued from front)

know any better. I didn't have anyone telling me what to do. I had to run myself. I had to survive," she recalls.

Falling into addiction

Before long, Deborah discovered drugs could help her forget her pain. "I started doing cocaine," she says. "I smoked it, shot it, snorted it."

The drugs helped Deborah cope for a while — until they began to control her. Soon, she was caught in a disastrous cycle of doing the things she didn't want to do for the drugs that were helping her hang on.

All the while, Deborah was still living on the streets, sleeping wherever she could find a bit of safety. "I lived in old houses. I lived under bridges.

I slept in cars with people," she remembers. "I just slept wherever I could."

Ready for change

Years went by living in these conditions. During those years, Deborah had become a mom, but life was still hard as she continued to struggle with addiction and homelessness.

"I didn't care about myself," she said. "I wished I was dead. I felt like I was a burden to people."

Eventually, she began living with her now-grown son, who told her she couldn't stay with him unless she got help.

*"I didn't care about myself.
I wished I was dead."*

So, she came to KARM and entered LaunchPoint, our initial four-week program, where she began to take the first steps toward healing old wounds.

As she progressed through the program, her heart and mind began to change. She learned to love herself, to be more confident and to think positive instead of negative thoughts. Even better, she learned she is loved unconditionally by God.

A new life filled with hope

Soon after completing LaunchPoint, Deborah transitioned to KARM's Berea program. She kept working on her recovery and began working in the Abundant Life Kitchen, while taking classes and continuing to read her Bible.

On a joyful day a few months ago, Deborah asked

Jesus into her heart, and she was recently baptized. This past February, Deborah graduated from KARM's Berea program. Attending the celebration were her son and her sister. More than anything, Deborah said she just wanted to make her son proud. At graduation, he gave her a big hug and told her, "Mom, I'm already proud of you."

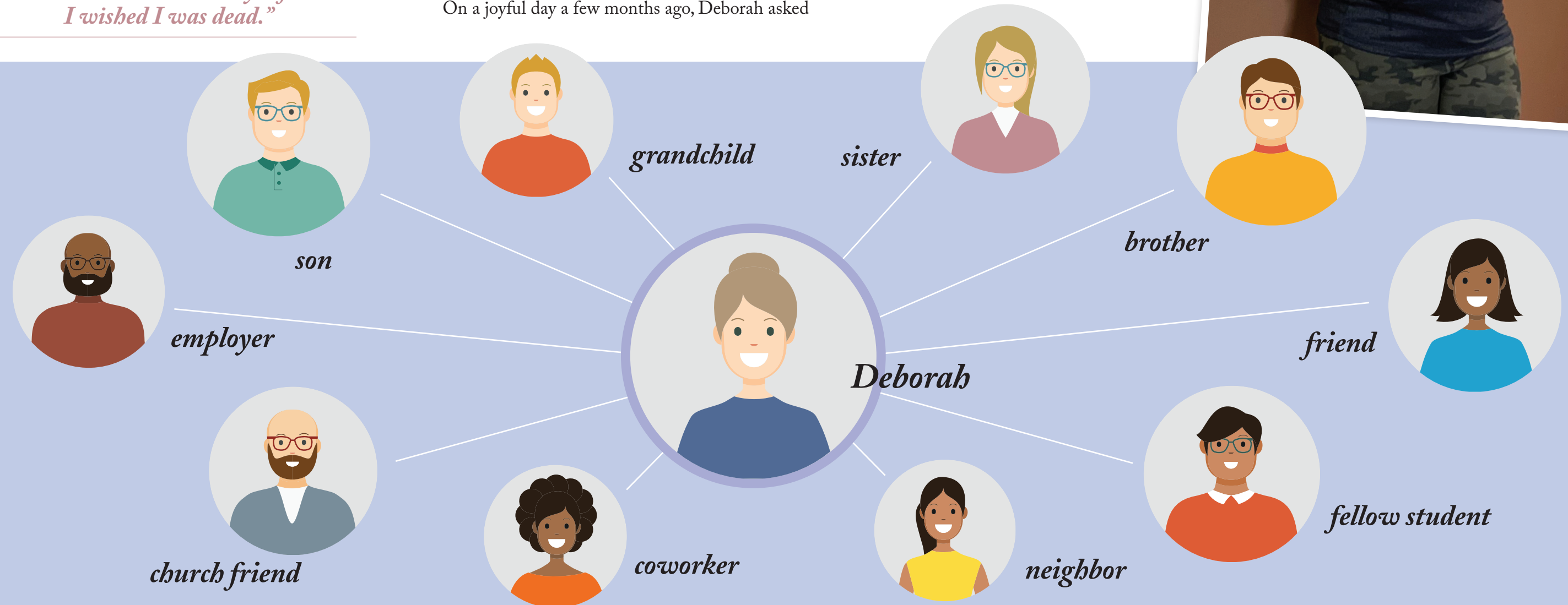
Thank you for making it possible for Deborah to experience God's love and grace! You can help more people start on the road to new life. Please give today!



Here's why your gift makes 10X the impact

Each life you help restore at KARM impacts family and the wider community. Just look at how many lives are touched when someone like Deborah gets help.

Hope multiplies when you give. Please give today!



INVESTING IN A LIFE



BURT ROSEN
CEO

What does it mean to invest in someone's life?

When you give to help change lives at KARM, you aren't just providing financial support —

you're helping rekindle hope in a person's life. You're helping them go from where they were — homeless, hurting and heartbroken — back to being a contributing member of the community.

Deborah is just one example of the kind of radical life transformation you help make possible every time you give.

Your investment in her allowed her to imagine a life different than the one she had been living.

Every dollar you invest translates into something significant.

Our programs are effective. People who were unemployed become employed. People who were homeless become homeless no more. People who were trapped in addiction are set free.

I hope you can see how every dollar you invest in a life translates into something significant. Thank you!

Give today to make 10X the impact!

You might find it hard to believe, but it's true!

When you help change one life, you can impact 10 others (and probably more!).

When a person's life is restored, their relationships with family, friends and close acquaintances are often healed as well — impacting not just individual lives but whole communities.

Life change has to start somewhere, and many times, it starts with a meal you can help provide for \$1.87. But a meal is just the beginning! A meal can open the door to addiction recovery, job training, education, spiritual counseling and more.

Please give as generously as you can to change more lives today! Thank you!

To put your gift to work faster, give online at karm.org/donate.



3 WAYS TO GIVE



Knox Area Rescue Ministries
P.O. Box 3310
Knoxville, TN 37927-3310



Visit us online at
karm.org
and give right away.



To give by phone,
please call
865-673-6540.

STAY CONNECTED



MY GIFT TO MAKE 10X THE IMPACT

YES! I want to make the greatest impact to help people in need.

Enclosed is:

- \$18.70**, which will feed **10** hungry people.
- \$28.05**, which will feed **15** hungry people.
- \$37.40**, which will feed **20** hungry people.
- \$_____ to feed as many hungry people as possible.

Name _____
Address _____
City _____
State _____ Zip _____
Email address _____

NC2205XD



Thank you! Please make your check payable to KARM and return this form with your gift. To put your gift to work immediately, visit karm.org. Your gift is tax-deductible as allowable by law.