

Restoring Lives in Jesus' Name



Chachi and Rebecca both struggled with addiction before they met each other.

Originally from Chicago, Chachi grew up around drugs and alcohol. It didn't take him long to fall into a dangerous drinking habit. He eventually moved to Tennessee to try to get away from the unhealthy environment. However, "It just kind of followed me," he shares.

Rebecca had her own battles with alcohol. She started drinking at the age of 14, and things "snowballed from there," she explains.

The two were working at a local restaurant when they met, while both were deep into their addictions. "It was like a tornado meeting a hurricane," as Rebecca describes it.

LIFE ON THE EDGE

With both of them drinking heavily, it caused their lives to fall apart. They lost their apartment, and worse, Rebecca lost custody of her seven-year-old son.

They bounced around from hotel to hotel, but it was clear things needed to change. Rebecca checked into rehab. As for Chachi, one drunken night led to a couple of nights in jail. That's when he decided to come to KARM.

"Somebody had told me about this ministry and how they help people," he recalls. "I came and spent my first night here. Two days later, I joined KARM's LaunchPoint program."

Every \$1.87 you give will help provide meals and essential care at KARM this summer!

Hope and a future... (continued from front)

A NEW PATH FORWARD

Chachi was only two weeks into LaunchPoint — KARM's four-week program that helps students take steps toward stability — when he decided to write to Rebecca to encourage her to try the program herself.

"He said he absolutely loved it, and I noticed a complete change in him," Rebecca says. "So I figured if it worked for him, it would work for me too."

"Nobody makes it completely on their own."

After leaving rehab, Rebecca came to KARM. Both she and Chachi have graduated from LaunchPoint and are currently in KARM's Berea program.

ON THE ROAD TO RESTORATION

In KARM's Berea program, Chachi and Rebecca are working separately to restore their own lives. They live in different areas reserved for men or women only, and they are committed to working

on themselves to be able to build a healthy life together.

For Chachi, that meant going back to the classroom, where he earned his GED and discovered an interest in electrical and industrial work. Through the Tennessee College of Applied Technology, Chachi is furthering his training.

> "This isn't a place to just rest your head," Chachi remarks. "There's so much offered here to get out of the situation you're in. As long as you take advantage of it, you can just

thrive and come out of here someone better."

Rebecca also has plans for her future. She has always dreamed about going to cosmetology school and hopes to begin soon. For Rebecca, being able to be a good example for her son is her biggest motivation.

"I'm not just here for myself," she shares. "I want to fix myself so we can have our son back. That's my ultimate goal."

BUILDING A NEW RELATIONSHIP

KARM's Berea program is built around the Work-Learn-Serve-Live model, which helps students find purpose in their lives through meaningful work and serving others while they're in the program.

But the last part, "Live," is meant to carry students beyond the program, to give them the tools to manage everyday life and cultivate healthy relationships.

For Chachi and Rebecca, working on their relationship has been a re-learning process. "We've had to re-learn how to deal with each other and how to interact in a constructive manner, not just fighting or ignoring each other," Rebecca says. "Our relationship is 10 times better than it was before."

THANK YOU FOR MAKING NEW LIFE POSSIBLE

As Chachi and Rebecca continue on their journey, they are most thankful for the chance you have given them to start again. Today, they cherish their sobriety and spiritual faith, which is growing stronger every day. "Honestly, without those two things, I wouldn't be making the strides I am in my life," Chachi says.

"The smallest thing means the world to a lot of people staying here," Rebecca adds. "Thank you. You don't know how much it means to us."



You can help someone escape the heat!

Those who are socially isolated especially the elderly, diasabled or mentally ill — are at the greatest risk of dying during a heat wave.

Here's why summer temperatures are so deadly for those who live on the streets and can't get inside where it's cooler:



Being out on the streets, exposed to the elements 24 HOURS a day, leads to a higher risk of dehydration.



In less than 15 MINUTES, heat waves can raise temperatures up to dangerous levels.



In the summer heat, asphalt temperatures can reach 200 **DEGREES** or more.

The streets are already dangerous without the threat of summer heat. With your help, our homeless neighbors can find refuge and a chance to start a new life at KARM.

Hope deferred



BURT ROSEN CEO

When the weather starts aettina warmer. I know the lounge chairs, coolers and even flat-screen TVs will be coming out soon.

The stretch of road known

as "Broadway Beach" is a very public display of people living on the streets with no fear of consequences for the illicit activity that often goes on there.

KARM has continued to expand our outreach to those on the streets who are ready for change. Dramatic life transformation, like what Chachi and Rebecca are experiencing, is evidence that God is working in our midst.

It reminds me there is always hope. Proverbs 13:12 (NIV) tells us that "hope deferred makes the heart sick", and Proverbs 29:18 (KJV) relates, "where there is no vision, the people perish."

Well, KARM is in the business of offering hope and helping people form a vision for their lives that is productive, healthy and thriving.

In John 10:10 (NIV), Jesus says, "I have come that they may have life, and have it to the full.

Thanks to your generous support, so many in our programs have learned to embrace Jesus' words and are now living full, abundant lives.

Thank you for your partnership!



CRITICAL SUMMER CARE

Below is a list of the critical items your gift can help provide at KARM during the summer months.

MEALS



WATER



SHELTER



CLOTHING



SUNSCREEN



Thank you for helping those who are struggling on the streets this summer!

Please help this summer!

During the summer months, giving typically slows at KARM. However, the need stays constant. When summer temperatures are at their highest, we know homeless men and women will come to KARM to seek relief from the heat.

Together, we can provide immediate help and share the powerful, healing love of Christ. Will you help by giving a generous gift today?

Every \$1.87 you give provides a meal, cold water and a cool place to rest when the heat becomes unbearable.

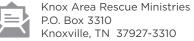
Best of all, you'll give someone the opportunity to start on the road to a brand new life.

Thanks for sending your gift today!

Your gift of \$1.87 provides a meal and relief from the brutal summer heat for someone in need!



3 WAYS TO GIVE







To give by phone, please call 865-673-6540







STAY CONNECTED



MY GIFT OF SUMMER MEALS AND CARE

YES! I want provide meals and hope for my homeless neighbors this summer. Here's my gift of:

- □ \$18.70 to provide meals for 10 hungry people.
- □ \$28.05 to provide meals for 15 hungry people.
- □ \$37.40 to provide meals for 20 hungry people.
- **\$**_____ to provide meals for as many as possible.

Address _____ _____ Zip _____ Email address

NC2206XD



Thank you! Please make your check payable to KARM and return this form with your gift. To put your gift to work immediately, visit karm.org. Your gift is tax-deductible as allowable by law.