



*Restoring Lives in Jesus' Name*

**SUMMER 2023**

**THANK YOU  
FOR LOVING  
YOUR  
NEIGHBOR,  
JANICE,**

and giving her  
hope for the  
future!



For more information: (865) 673-6540 [karm.org](http://karm.org)

# A meal for \$1.87 is an easy way to **LOVE YOUR NEIGHBOR!**



A Message from  
**DANITA MCCARTNEY,**  
PRESIDENT & CEO

## Thank you for loving your neighbors as yourself

We all need a helping hand from time to time. No one makes it through life without needing a little care and compassion along the way. This is what loving your neighbors is all about, right?

And yet, you and I know God's Word has a way of challenging us to go further... of stretching our faithfulness beyond what we thought possible. The Lord makes the impossible POSSIBLE at KARM, thanks to the generosity of friends like YOU.

**Now, as the summer months approach, I hope we can count on you during our 3-month Love Your Neighbor campaign.**

Time and time again in Scripture, we're told not just to "love your neighbor" but to "love your neighbor **as yourself**." What a big difference! It is making the needs of others a priority equal with your own.

I am so grateful for friends like you who give in this way to help men, women and children in the Knoxville area who are experiencing pain and homelessness. And I ask for your continued support through the summer, when the weather can be dangerous for people who live outside.

Thank you for offering a helping hand to your neighbors most in need – and for continuing to love them **as yourself**.



*Danita McCartney*

## **YOUR LOVE** will restore lives in Jesus' name!

Your gift today provides:



83,000 meals



34,000 beds



hundreds of  
hygiene items



countless hours of  
counseling and education



life-transforming decisions  
for Christ

**DON'T FORGET OUR NEIGHBORS  
THIS SUMMER... SHOW YOU CARE  
WITH YOUR GIFT TODAY!**

**LOVE YOUR  
NEIGHBOR**  
98-DAY SUMMER CAMPAIGN

**Give now!**  
[karm.org](http://karm.org)



*Support our Summer Campaign to restore hearts and rebuild families!*

## THESE "Summer 6" CAN CHANGE LIVES!

What is the "Summer 6"? These essentials are in high demand for our ministry's guests this summer... and **YOU can help by donating any – or all – of these items!**

- Sunglasses
- Caps
- Deodorant
- Gatorade
- ointments for insect bites
- Mosquito spray (non-aerosol)

You can deliver your Summer 6 donations to KARM, 418 N. Broadway in Knoxville, from 9 a.m. - 5 p.m., 5 days a week. Thank you for caring for your struggling neighbors during the summer season!

“Without KARM  
I wouldn’t be  
living my  
dream right  
now.”



Janice was tired of being abused and feeling like she was shrinking down to nothing. Her ex-boyfriend couldn’t understand her continued pain at her mother’s passing and didn’t support her grief, compounding her pain.

“It weighed on me. So, all of a sudden, one day I decided to leave while he went to work.”

After fleeing her abuser, Janice had nowhere to go. She didn’t have any ID or possessions and was scared to find herself homeless on the streets.

“Getting up the strength and will to leave was my biggest challenge. Some family offered to let me stay with them, but I didn’t want to. I was starting out all over again and I was nervous.”

**Soon after, Janice came to KARM, determined to rebuild her life in a healthy way.** She first entered our LaunchPoint Program, where she was able to get her ID and get help with all the essentials she needed.

After her immediate needs were met and she started recovering from past trauma, Janice decided to enter KARM’s Berea Program to build her life on a Christ-based foundation.

“My faith had been shaken some, so I love that they’re teaching me more and more about Christ. **Before, I was empty... now I feel fulfilled because my story can help others.**”

In addition to growing spiritually, Janice has grown in confidence as she is overcoming the trust issues she had for many years. “At first I was very closed off, but I’m opening up – little by little. They’re teaching me how to trust other people again.”



**No matter your age or what you’ve been through, you can overcome it through Christ Jesus.**



Today, Janice has received her CDL and hopes to pursue her dream of becoming a commercial truck driver. She is looking forward to meeting new people and saving money so she can buy a place of her own one day.

**Janice is thankful for the way you have answered God’s call to love your neighbor as yourself – and have helped her learn how to love herself.** “I see myself accomplishing things and have goals now I didn’t have when I first got here. I have determination and I’m looking forward to every challenge life has to offer!”

**“Serve one another humbly in love. For the entire law is fulfilled in keeping this one command: ‘Love your neighbor as yourself.’” - Galatians 5:13b-14**



# Help your neighbors **BEAT THE HEAT** this summer!

You know how hot it can get in the Knox area in summertime... now imagine being out on the streets in this heat. **Our neighbors experiencing homelessness are at risk of heat stroke, dehydration or even death – especially those who are most vulnerable**, like seniors or families with children.

But this summer, YOU can help! You can show our hurting neighbors they haven't been forgotten by providing them with essentials such as:



**Cool water to drink  
and nourishing meals**



**Refreshing showers  
and safe shelter**



**Sunscreen and  
hygiene items**

In addition to these basics, at KARM they can recover and rebuild their lives. You help provide medical care to treat health challenges. Christ-centered counseling to heal from past trauma. Classes and job training to promote restoration. Everything they need for healthier, more stable lives!



## **You're helping care for bodies and minds**

Men and women come to the ministry with a variety of challenges, and we are committed to addressing their unique needs. For some, that means a warm meal and safe place to rest. Others struggle with addiction. Some are desperate for medical care.

But many arrive with mental illness and trauma from their past.

This is why – in addition to helping clients heal physically – we also help them heal psychologically. **We offer Christ-centered counseling, referrals to community partners and other resources for long-term recovery.**

It's just another way your gifts and prayers help address the complex issues of poverty and homelessness in the Knox area. Thank you for your support to bless others!

*Want to learn about other life-changing services you help provide? Read about our programs at **karm.org** today!*