

*Restoring Lives in Jesus' Name*

**YOU are**   
**a blessing!**

**INSIDE:** Scott shares  
how your support gives  
him help and hope.



“KARM’s heart was open when others’ were closed.”



“When I quit trying to work, that was my rock bottom.”

Scott couldn’t believe he was unemployed again. He’d tried so hard to keep this job – but his mental health made it impossible... as it always did. By this point, he was used to being fired.

**“My depression made it difficult for me to work. And no job... no place to live.** I’ve lost more jobs than I care to remember. Every time I lost one, I got more depressed. It just got worse and worse... a downward spiral.”

Eventually, Scott gave up and stopped looking for work



altogether. He lost the house he was renting and began experiencing homelessness.

**For the next three years, Scott lived under a bridge.** Everything else about his life stayed the same: he went to church and had people who cared about him. But he just couldn’t bring himself to work anymore.

Even though Scott had given up on himself, his church had not. They encouraged him to come to Knox Area Rescue Ministries for help with his mental health – and eventually, he listened.

“Walking into KARM the first time was scary. I don’t like new people and routines. I didn’t know if I could handle it.” However, KARM’s safe, encouraging environment soon put Scott at ease. He realized the staff really

cared about him.

**In our LaunchPoint program, Scott gained confidence and learned to trust people again.**

He also got treatment for depression and anxiety.

Now, Scott is looking forward to re-entering the workforce. He wants to make a difference in other people’s lives. “I like myself again,” he says. “I appreciate my intelligence and sense of humor. I’m a good teacher.”

**Your gifts are bearing fruit in the lives of people like Scott. Now, his heart is full of hope this fall... thanks to your kindness!** “KARM is doing the work that God called us to do: to care for the poor.”



# Wayward wanderers are home... thanks to YOU!



## A Message from DANITA MCCARTNEY, PRESIDENT & CEO



Many of our Knox area neighbors find themselves wandering through homelessness and hunger. Some through their own choices... others through circumstances beyond their control.

I've often thought of these men and women as the prodigal son we read about in Luke 15. I imagine he too looked malnourished and downcast as he made his way back to his father's house. Someone could have thought he was a homeless, destitute stranger.

You may know that I had a prodigal son myself. So many times my husband and I welcomed our son back home after weeks or months of abandonment due to his struggles with addiction.

As a faithful supporter of KARM, you fill the role of the welcoming parent as well. You help men, women and children who seek refuge, hope and restoration here at KARM. As the prodigal son's story was rewritten by the compassion of his father, so too do you help rewrite the stories of wayward wanderers here at KARM.

**Just read how your generous gifts rewrote Scott's life, whose story is on Page 3.** He is looking forward to a future of restoration – because of friends like you!

Thank you for your heart of compassion for all the prodigal sons and daughters in our community... throughout this fall season and all year long.

Danita McCartney, President & CEO

## YOU'RE HELPING THEM ACHIEVE THEIR DREAMS...

Thanks to friends like you, men, women and children at KARM believe in themselves and have hope. Your prayers and support help residents in our recovery program look forward to brighter futures.



*"Since coming to KARM, I'm a faithful believer in Christ. I now know what my purpose is in life. I'm more confident and motivated."*

*– Kenneth, a graduate of our New Life program*

*"Before KARM, I was on a path of self-destruction. Now, I see myself in a whole new light... as a child of God."*

*– Jennifer, a resident in Serenity Ministries*



Thank you for believing in second chances and making it possible for people to rebuild their lives in Jesus' name!

To find out more about how you're helping restore lives, visit [karm.org](http://karm.org).

### SEPTEMBER SPOTLIGHT:

## HUNGER ACTION MONTH

# 27,333

## Meals Needed by Sept. 30!

**September is Hunger Action Month!** Join our community in this month-long movement to fight hunger... and TAKE ACTION to help even more neighbors experiencing homelessness we'll welcome this fall.

Sign up to serve a meal

Donate canned goods

Provide groceries

Invite others to join you

**For just \$2.56, YOU can provide a nourishing meal to end someone's hunger.** Send your gift today OR online at [karm.org](http://karm.org).

*Scan to take action now!*

## OUR CURRENT NEEDS

### Donate essential items this fall!

Throughout the busy fall season, we'll welcome even more guests than usual here at Knox Area Rescue Ministries! And with more people to care for, our needs also increase.

#### Our 5 most needed items:

- Washcloths
- Flat and Fitted Twin Sheets
- Pillows
- Pull-ups (Large, XL, XXL)
- Shampoo and Conditioner

This fall season, you can offer healing and restoration by providing for these and other immediate needs of our neighbors.



Visit [karm.org/Needs](https://karm.org/Needs) to see our current needs list.

# JOIN US IN CELEBRATING HEALING & HOPE!



The road to recovery is a long and difficult one, filled with obstacles. But millions of Americans have successfully made the journey from dependence and despair to freedom and hope.

This month we join thousands of other recovery programs around the country to celebrate National Recovery Month! We applaud the hard work and dedication of the courageous men and women who have transformed their lives in our New Life and Serenity Programs.

As we recognize their incredible progress and the gift of God's healing in their lives, we are more committed than ever to help reach those still trapped in the cycle of addiction.

**Thank you for coming alongside these neighbors and for your continued support of the men and women who will come to our doors in search of recovery!**

To see the faces and read the stories of men and women who've found healing and hope at Knox Area Rescue Ministries, visit [karm.org/stories-of-restoration](https://karm.org/stories-of-restoration).



## HOW WILL YOU GET INVOLVED THIS FALL?



### Become a Restoration Partner!

Join other faithful friends who give monthly as a Restoration Partner! Start giving monthly this fall to provide a steady stream of support for our neighbors during our busiest season.

To learn more, visit [karm.org/GiveMonthly](https://karm.org/GiveMonthly)



### Donate essential items!

From food that stocks our pantry shelves to refreshing showers that comfort weary neighbors – every food or hygiene item you give helps provide life-changing care for our community. And you can even spread the joy of giving by hosting a donation drive!

To see our urgently needed items, visit [karm.org/Needs](https://karm.org/Needs)



### Join us as a volunteer!

We'd love to see you here at KARM. Sign up to serve a meal, lead a class or share a message at a chapel service. There are many ways you, your family, friends or church can volunteer with us this fall!

To learn more, visit [karm.org/Volunteer](https://karm.org/Volunteer)

